



# Bogus Basin Ski Patrol

vol 12-07

Dec- 2007

## Patrol Leader – Earl Esson

The ski season has opened at many resorts and Bogus Basin will open soon. I hope all of you have used the extra time to get your skis and boards waxed up and taken time to review your personal fanny pack or vest medical supplies.

For the patrollers that did not attend the last general meeting and did not pick up your 2007-2008 Volunteer BBSB season pass, remember that you can get your 2007-2008 ski pass and if applicable earned extra pass/ten pack from me on opening day/weekend or call to arrange a time to pick them up from me. Please do not go to the Bogus Basin ticket sales office asking for your ski pass. The earned extra season ski

passes are acquired through a voucher that I must give to you. I had made some special arrange for some of the Volunteer Night patrollers, but got shot down after difficulties with one of our patrol members who had an issue with getting a refund at the ticket office. Remember that if you have purchased a season ski pass for yourself and wish to get a refund due to getting a Volunteer ski pass this season please see me for getting a refund form. Bogus Basin has informed me that the refunds will only be for patrollers and not for persons that you may of purchased passes for or that you might donate your earned extra pass to. See me to complain or debate the refund issue or related difficulties and do not use the Bogus Basin ticket office as a place to vent your frustrations.



**A historic look at our patrol building durring the last expansion**

*source unknown*

# Contacts

## Board Members

		Phone	E-mail
Patrol Leader	Earl Esson	362-5229	red.ufo@att.net
Senior APL	Mark Stephensen	939-8288	msteph1771@aol.com
APL	Greg Malcom	855-9212	greg.malcolm@att.net
APL	Dana Jester	869-9041	powderrat@hotmail.com
Treasurer	John Orlovich	336-0402	bbsp_exchequer@msn.com
Secretary	David Kennedy	378-9188	davekennedy@qwest.net
Member at Large	Karen Jensen	922-1282	kaj3@mindspring.com
Member at Large	Joe LaGue	608-2123	jlague@aol.com
Past Patrol Leader	Charles Butrick	941-7193	charles@skibbsp.net
First Aid	Scott Putnam	484-5188	bbspconfig@cablone.net

## Committee Members

AED	Steve Wyman	Mountain T&R	David Kennedy
Alumni	Dave Kennedy	Registrar	Mark Stephensen
Auxiliary	Tom Muncy	Scheduling	Bill Farnsworth
Avalanche	Roark Nagler	Senior Training	Mark Stephensen
Awards (local)	Jason Balkenthol	Ski Enhancement / Ski Test	Joe LaGue
Awards (regional)	Jason Balkenthol	Ski with a Patroller	Joe LaGue
Building improvements	Adam Aleksander	Social	Charles Butrick
Building maintenance	Adam Aleksander	Summer Activities	Scott Putnam
Civic Affairs	Charles Butrick	Toboggans	Charles Butrick
First Aid Supplies	Truman Stewart	Training Candidate	Scott Putnam
	Karen Jensen		Jason Balkenthol
Fund Raising	Charles Butrick	Transfers	Mark Stephensen
Hill Captains	Omar Fricke	Web Master	Bill Farnsworth
Historian	Karen Jensen	Youth Patrol	Joe Peagler
Inventory	John Orlovich		

## The Bogus Basin Ski

### Patrol Newsletter

Vol 12-07

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Bogus Basin Ski Patrol  
PO Box 7433, Boise Id 83708

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## **Decorating changes in the Patrol room, replacement tables and benches**

*photo via Earl Esson*

This year you may read an e-mail from the NSP National office that contained an offer for accident insurance. The monthly cost ranges from \$20 for an individual under the “Bronze” plan to \$37 for the family “Gold” plan. The Gold plan provides a \$25,000 benefit and has a \$500 deductible at the lower end the Bronze plan provides a \$2,500 benefit and has a \$100 deductible. You can find more details on this offer on the NSP web site or type in this link: <http://www.adventureadvocates.com/nsp/>

Most patrollers know that one of the added benefits of being on the Bogus Basin Ski Patrol is a free Life Flight membership. What many patrollers may not know is that you can extend this benefit to the family members within your household for only \$35. This would be your spouse and children that are listed on your tax form and not uncle Buck and his grand kids. If you'd like to have a family membership please contact me for the specific Life Flight form that will allow you to do this for the \$35 cost. Note

that the ski patrol can also benefit from telling your friends and extended family members that sign up for a Life flight membership to use the check box on the bottom of their membership sign up form. If they check that box and specify/write in “Southern Idaho Region” a portion of their membership fee will be donated by Life Flight back into our patrol group.

The attached picture in the patrol break room shows the new tables and benches that were recently added. When you show up for your first day on the hill I hope you are pleased with the work done this fall to paint, add/fix stuff and the furniture upgrades. There are many patrollers, candidates and friends of the patrol to thank for many hours donated to keep our patrol building in good shape. I'd like to let give thanks to the Building Maintenance/Improvements Committee Chair person Adam Aleksander for being able to gather up the people and materials to get it done before we open remember have fun, stay out of trouble

and with just a little more snow I'll see you on the hill. . . . EEE

## Down's Syndrome

By Karen Jensen

This season our continuing education topics are going to focus on our adaptive athletes topic. Down syndrome is a common medical diagnosis that is seen with mentally challenged athletes. Down syndrome, which is also known as Trisomy 21, is a common chromosomal abnormality. Most individuals have 46 chromosomes organized as 23 pairs. Occasionally, the chromosomes do not divide properly and there are 3 instead of 2 in a "pair" of chromosomes.

The extra chromosome causes unique physical features as well as learning disabilities. Physical appearance includes flattened facial features, a protruding tongue, small head, up-



### CPR practice at Refreshers

*photo by Dave Kennedy*

ward slanting eyes and low set ears. Individuals with Down syndrome also may have poor muscle tone, broad short hands with a single crease in the palm, relatively short fingers and excessive flexibility. There is also a mild to moderate degree of mental retardation.

There are multiple body system complications associated with Down syndrome. The poor tone affects the musculoskeletal system. Structural heart defects are also common and these individuals may have had heart surgery in the past. The senses are affected including impaired hearing due to structural abnormalities or damage from repeated ear infections in childhood. Vision may be affected by both near or farsightedness as well as cataracts and "lazy eye". Gastrointestinal problems include celiac disease (where a protein in wheat cannot be digested), significant constipation, and lack of appetite. Thyroid problems are common



### practice lift evacuation

*photo by Dave Kennedy*

in Down's syndrome and they may have either low thyroid hormone, which causes tiredness and apathy, or high hormone levels which will result in agitation and restlessness.

These will be more challenging patients to assess. It must be determined whether it is a normal variance for the patient or a new problem. The individual with Down syndrome may not exhibit the responses to pain that the patroller might expect and may have trouble communicating what is hurting or bothering them. They can be a great group to work with, and as patrollers we will need to adapt to their needs.

Resources: Mayoclinic.com and the National Down Syndrome society website.

## General Meeting – Nov 13

The scheduled meeting was held at Rendezvous restaurant in Boise and started at 7:36pm.

### **Patrol Leader - Earl Esson**

Patroller passes are available and can be picked up at the end of the meeting. National Board elections are currently underway. Please go to the National website and vote.

Michael Shaw presented the patrol with new leg splints and arm boards. The patrol expressed their appreciation.

Earl introduced Dale Luther for some awards. Dave Countryman received his national appointment number. Congratulations Dave! If you want some free beer, quiz him on his number sometime.

Kevin Shea did a brief presentation on his upcoming study into mechanisms of knee in-



### **More evacuation**

*photo by Dave Kennedy*

juries. Hopefully this study will identify causes and lead to improvements in equipment. Our Patrol will be participating in this formal research study. Approval of the survey has already been obtained. It is one page long plus a 1-1/2 page consent.

### **APL - Mark Stephensen**

Mark is busy working on registrations.

### **APL - Greg Malcom**

Joe Peagler is in charge of the youth program.

Gregg talked about the need for a liaison between the Nordic and Alpine patrols. Specifically someone to attend their meetings and keep us both on the same page with upcoming events this season.

### **APL - Dana Jester**

Dana talked about the new tables in the patrol room that were donated by First American Title

via Jeff Bergland. He also discussed the plans for the benches. It was noted that the cost was significantly less than approved in last month's meeting.

### **Secretary - Dave Kennedy**

Dave noted that the newsletter is late. He plans on working on it shortly. Please forward you submissions to him. This includes photos.

### **Member at Large - Karen Jensen**

Karen is working on make up dates for CPR. The oxygen and trauma packs are ready to go on the hill. Karen worked on relocating first aid supplies in the radio room to accommodate more radios and chargers.

Steve Wyman announced that new AED's are being shipped from Philips to St Lukes. A backup plan is in place if they are not received prior to the hill opening.

### **Past Patrol Leader - Charles Butrick**

Candidate fundraising is currently underway. They have a goal of exceeding last years significant amount. A large board is being created for the lodge. It will recognize those organizations that have donated significant amounts to the patrol. Area management has graciously allowed this to be placed in the main lodge.

### **Omar Fricke**

Omar talked about the Special Olympics. The anticipated number of athletes this year may be less that originally planned. It will however still be a dry run for the larger event next season (2009).

The mountain ambassadors will now be officially called mountain hosts. Paid staff orienta-

tion is complete. Run signs have been replaced as needed. The building cache's are ready. The radios are inventoried. A second snowmobile is on its way.

Roark talked about changes and simplification of the low angle rescue equipment. There will now be two pre-rigged bags. As some of you know this system allows the patrollers to safely pull a patient and toboggan up hill when needed. He asked to the patrol to spend \$60 to purchase directional pulleys to complete the updated system. The motion passed. Jim Peterson is planning on a class for the entire patrol.

Omar also talked about a system being researched into getting a patroller up to a person in a chairlift. It was noted that some of our special needs customers may be unwilling or unable to assist in chairlift evacuation.

### **Scott Putnam - First Aid**

Scott mentioned that the fall candidates will not be completed until later in the season, specifically after the on hill training and testing.

### **New Business**

Heather announced that she is organizing four women's toboggan clinics around the Division (Mt Hood, 49 North, Soldier. These classes count towards a senior elective. Contact Heather if you are interested.

Joe Peagler is planning on repeating the adaptive athletes presentation that was done for the fall OEC classes at the next general meeting.

The next board meeting is at Mark Stephensen's home.

### **Joe with the remote**

*photo by Dave Kennedy*

A suggestion to update and replace four of out patient beds with powered hospital style beds was made via Patrick Reust. It was noted that we unfortunately do not have the extra room for this equipment.

Karen Jensen discussed the need to replace our sager traction splints. The old ones will be used for training, etc. The motion to budget \$1,500 was passed.

Bill Farnsworth had printed copies of the schedule available. As always the web site will be updated as needed and will be most current. Please forward any dates of upcoming events to Bill to be included on the web page. Dave noted that the newsletter schedule is obtained from the webpage. Ski locker assignments are being worked on.

The meeting adjourned at 9:00 pm.

## **Board Meeting - Nov 27**

The board meeting was at Mark Stephensen's home with Karen J., John O., Earl E., Joe L., Mark S., Dave K., Rachel M., Randy H. present. The meeting started at 7:15pm.

### **Patrol Leader - Earl Esson**

There was some discussion about a possible December 1st opening, but that is obviously dependant on more snow.

The new AED new are scheduled to arrive in Boise sometime this week. It may be necessary to use loaner AED's for a short time depending on when the hill opens.

The furniture in the patrol room should be

### **Bogus Basin Ski Patrol**



### **An Emmy winning performance of choking at the CPR station!**

*photo by Dave Kennedy*

completed this week. Four cascade sleds are still being repaired.

### **APL - Mark Stephensen**

There is a senior candidate meeting on Nov 28th. It looks like 5 or 6 persons are interested in working on this.

The first round of registrations with National are done. A second round will include late volunteers as well as newly hired paid staff. This will probably be done after the hill is opened.

### **APL - Greg Malcom**

Leaders in our Division have been looking at various youth patrols including our own patrol.

Greg is working to coordinate issues between the Nordic Patrol and the Alpine patrol on issues of fundraising etc. He pointed out that although we are two separate entities, we both



### **Christopher Jensen hanging out at the Fall OEC class**

*photo by Dave Kennedy*

serve at the direction of the management of the Bogus Basin ski resort.

#### **Treasurer - John Orlovich**

Copies of the latest financials were made available and reviewed with the board. John also made recommendations on depositing funds into 7 month CD. This was based on the expected cash flow needs for the upcoming ski season. The board discussed the penalties associated with early withdraw. John pointed out that the penalty is very minor and that we have multiple CD's at present and his goal has been to stagger the maturity dates to allow greater flexibility. The board approved the purchase of the CD.

The candidates have raised approximately \$2,700 in funds so far this fall.

#### **Secretary - Dave Kennedy**

Dave is still working on the newsletter, will be out prior to the opening of the mountain. If

anyone would like to help with this job, please contact Dave.

#### **Member at Large - Karen Jensen**

Karen has organized a makeup CPR class for Thursday night. There should be 4 or five patrollers present that need this.

The four sager splints are on order. Normed had them back ordered. We will use what we have until these arrive. It should only take another week or so.

Please send copies of any photos to Karen. She is in charge of our scrapbooks.

Just like in previous years, there will be new posters for the bathroom. These are part of our continuing education programs.

#### **Member at Large – Joe LaGue**

Although we are not actively recruiting, the patrol website is still generating interest in joining our ranks. His current plan is to recommend these people enter the SWAP (Ski With A

Patroller) program this ski season.

### Old Business

The Microsoft Tech Soup software program deadline will be extended until the newsletter is out. There is a advertisement for this planned. If you have a use for Microsoft products in doing any patrol related activity, you can save substantial amounts of money on their products. This would include copies of Office for \$20.

The patrol has decided to pass up on the donation of some hospital beds.

### New Business

Joe Peagler has organized a presentation on adaptive athletes for our next general meeting.

The meeting was adjourned and the board subsequently met in executive session, Charles was available for questions by telephone

## Microsoft - Tech Soup's Software donation

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BBSP has been granted membership into the Tech Soup Software Donation Program. As part of this program, once every two years we are allowed to purchase from 5 to 50 seats (licenses), of up to 6 different titles (applications). Qualified members of the BBSP are allowed to participate in this program, provided you intend to use the product for legitimate BBSP related activities. (i.e. If you get the office package, you are using it for BBSP E-Mails, Correspondence, etc., if you get the visual development suite, you are planning on writing custom programs to benefit the BBSP). If you are interested in participating, send John Orlovich an E-mail at [bbbsp\\_exchequer@msn.com](mailto:bbbsp_exchequer@msn.com), and he will forward you a qualification application.

To qualify, you must be active in BBSP board or committee activities, and list a qualifying use. As this program has limits, first come, first served. Be aware that you will not receive the full packaged versions of the programs, and that you may have to download them from the Microsoft web-site or share the master CD-ROM to load.

Software Titles Eligible for this program:

Title	Fee
Office Professional Plus 2007	\$20.00
Expression Studio	\$24.00
Project Standard 2007	\$24.00
Visio Professional 2007	\$22.00
Visual Studio 2005 Pro w MSDN	\$48.00
Windows Vista Bus Upgrade 32-Bit	\$10.00

Note: With all titles, verify that your existing computer is capable of running the listed version. Verify on the MS web site the various H/W requirements for each item.

Please call John Orlovich at 336-0402 with any questions or comments.

## Submissions

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Any member who would like to submit a story or a photo to be included in the newsletter, is encouraged to send them via E-mail. Please contact the Editor at:

**davekennedy@qwest.net**

*Editor: I can easily take the photos in any format that you have, including digital, slides, negatives and of course prints. All originals will be returned.*

## Advertisements

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I will be glad accept more adds from our members. Just send me a note with the details.

Dave

## Gary Clawson

*a representative of these  
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**SPORTS  
AUTHORITY.**

## Mark Barnes

*Ski Consultant*

208-377-9768

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Headaches and Ski Injuries ?

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375-0007

501 Grove St. Boise Id 83702

## ***ECO LOUNGE***

(Freeride Shop)

## **Brady Myers**

208-429-8855

Bradyandnanett@msn.com

2445 Bogus Basin Road  
Boise, Idaho 83702  
www.eco-lounge.com

**Representiong Elan Skis**

# Calendar

<b>Date</b>	<b>Event</b>	<b>Location</b>	<b>Time</b>
Dec 11	General Meeting	Rendezvous Restraunt	7:30pm
Dec 12	Senior Applications due		
Dec 15	Tobbogan Enhancement Seminar	49 Degrees North	All Day
Dec 18	Board Meeting	Karen Jensen's home	7:00pm
Dec 29	Senior Sceenarios due		
Jan 5	Womens Tobbogan Enhancement	Timberrline, OR	All Day
Jan 5	Tobbogan Enhancement Seminar	Government Camp, OR	All Day
Jan 8	General Meeting	Rendezvous Restraunt	7:30pm
Jan 12	Senior Clinic	Anthony Lakes	All Day
jan 16	Senior Applications due		
Jan 22	Board Meeting	TBD	7:00pm
Jan 26	Womens Tobbogan Enhancement	Soldier Mt	All Day
Jan 26	Tobbogan Enhancement	Soldier Mt	All Day
Jan 29	Avalanceh Level 1	DTO	6:00pm
Jan 31	Avalanceh Level 1	DTO	6:00pm
Feb 2	Avalanceh Level 1 field session	Bogus	All day
Feb 9	Senior Clinic	Brundage	All Day
Feb 12	General Meeting	Rendezvous Restraunt	7:30pm
Feb 16	Womens Tobbogan Enhancement	Summit East	All Day
Feb 16	Tobbogan Enhancement Seminar	Snowqualmie Pass	All Day
Feb 19	Board Meeting	TBD	7:00pm
Feb 23	Tobbogan Instruction Certification	Anthony Lakes	All Day
Feb 23-28	Special Olympics	Bogus	All Day
Mar 7-9	Senior testing	Bogus	All Day
Mar 11	General Meeting	Rendezvous Restraunt	7:30pm
Jan 25	Board Meeting	TBD	7:00pm

Bogus Basin National Ski Patrol  
PO Box 7433  
Boise ID 83707

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**Looking for Snow!**