



Bogus Basin Ski Patrol

vol 08-08

Aug- 2008

Patrol Leader Comments by Earl Esson

Well I am sorry to miss the closing day at Bogus Basin this year. The first closing day I did not get to attend over the last 10 years. The pictures I've seen from many of you showed that there was ample snow on closing day to make it worth skiing that day.

We are over halfway through our summer and our Fall Refreshers will start in a few weeks.

	<i>(OEC Refresher)</i>	
Sept 6	POST Academy	7:30^{am}
	<i>or</i>	
Sept 28	POST Academy	7:30^{am}
	<i>(On the Hill Refresher)</i>	
Sept 7	Bogus Basin	7:30^{am}
	<i>or</i>	
Sept 27	Bogus Basin	7:30^{am}

Please note the dates on the calendar on the last page of the newsletter for upcoming events.



Tom Muncy is getting ready to cook on closing day or perhaps instructing on topics outside of the OEC manual

photo by LHE

A suggestion from the ranks to organize some proactive patrollers into a "Car Pool" committee in an effort to increase the number of patrollers to share a ride up the hill. There are many patrollers who have car pooled for a number of years now. Jaker, Omar and Terry are an example of determined few that shoe horn themselves in to the likeable Ford Fiesta known to many as the "POD" to help save some gas and money on the round trip up and down the mountain. This car pool concept finally hit home on one of my trips to Southern California this spring where I had time to think on the open road while searching for a fuel station that would serve up regular grade gas for less than \$4 per gallon, that might allow me

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Committee Members

AED	Steve Wyman	Mountain T&R	David Kennedy
Alumni	Dave Kennedy	Registrar	Mark Stephensen
Auxiliary	Tom Muncy	Scheduling	Bill Farnsworth
Avalanche	Roark Nagler	Senior Training	Dana Jester
Awards	Jason Balkenthol	Ski Enhancement / Ski Test	Joe LaGue
Building improvements	Adam Aleksander	Social	Charles Butrick
Building maintenance	Adam Aleksander	Summer Activities	Scott Putnam
Civic Affairs	Charles Butrick	SWAP	Joe LaGue
First Aid Supplies	Truman Stewart	Toboggans	Adam Aleksander
	Karen Jensen	Training	Scott Putnam
Fund Raising	Charles Butrick	Transfers	Mark Stephensen
Hill Captains	Omar Fricke	Web Master	Bill Farnsworth
Historian	Karen Jensen	Youth Patrol	Joe Peagler
Inventory	John Orlovich	Special Olympics	Charles Butrick
Mountain Host	Russell Kocher		

The Bogus Basin Ski

Patrol Newsletter

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June 2008 Mount Hood Nut's & Bolt's Toboggan Clinic attendees from Bogus Basin.

Photo by Erik Geisler

to almost fill up my 3 ton pick up truck before the pump would shut off at \$100 with a credit card purchase. I would like to encourage some of these determined and creative experienced Car Pool Patrollers (CPP much better acronym than Patrol Car Pool) to help think of ways to help promote and increase our ride sharing metrics. Note that Dave Ulrich our Regional Director had canceled the July Summer meeting at the DTO based on part to the cost of gas for all to attend.

I had the opportunity to attend the Mount Hood "Nut's & Bolt's" Toboggan clinic in June. This year's Nut's & Bolt's event had a surprise from Mother Nature with rain on Friday, 5-6 inches of powder snow on Saturday and bright/sunny on Sunday. The un-expected snow on the road Saturday morning made me happy that I had not removed the stud less snow tires from the car (some had to "chain up" to get to the parking lot).

Bogus Basin Ski Patrol

There were 12 patrollers from Bogus Basin who attended the Nut's & Bolt's toboggan clinic this year. Yes I know the picture only show 11 patrollers, but Tom Muncy was still out riding the heavy powder on Saturday when this picture was taken. Next year I must remember to not fall asleep on the couch with so many creative patrollers under one roof.

Keep your Patrol Room door keys that will be "re-cut" to match the new locks that were installed. More about the lock change/key updates at Refreshers, so don't have a cow and hang loose if you've gone up and not been able to get into the building.

We'll take care and stay out of trouble this summer. I'll see you at the Fall Refreshers.

Pine Creek Bushwaking

By Kelley Creamer

Have you ever ridden the Pine Creek chairlift wondering what it would be like to pull a toboggan out of Pine Creek? It would be a heart breaker.it would be a whole lot easier if you could drop into the creek bed and let gravity help you get the sled out of the area. With that thought in mind, I asked Steve Shake if it would be okay for a group of people to clear out some of the brush in the Pine Creek drainage. He said yes and said the resort would love to have people help to improve mountain safety.

After talking with many folks riding Pine Creek lift, the Bogus Basin Bushwhackers became. BB Bushwhackers is a group of people who want to give some of their time to the Bogus Basin Mountain Resort by clearing brush in areas of the mountain that are too steep or difficult for mountain staff to clear with their brush hog. Anyone can join in the effort, in addition to the patrol we are looking for help from other skiing organizations and local groups. I your interested in participating, we will be on the mountain on the weekends of 13/14 and 20/21 September 2008. These are the two weekends between Bogus Basin Ski Patrol's fall OEC refreshers.

Plans for Fall 2008 are ambitious; start at the bottom of the Pine Creek drainage and work our way up to the rope line at tower six. If we have the workforce to split our effort, the secondary objective is to start in the bottom of the Waterfall area and cut a run through the brushy areas that trap the snowboarders and keep us from getting a toboggan out of that area.

For safety reasons brush cutting tools will be

limited to pruners, loppers and bow saws. The brush needs to be cut square to the ground so we do not leave pointed stems which could impale a skier/snowboarder should they land on them during a fall. As such, no machetes or axes will be allowed; they leave points and are less safe to use. Mid-September will be at the very end of the fire season so fire safety is a must. Chainsaws are not being allowed on these two weekends because of the potential of serious injury and the possibility of fire during refueling actions and faulty spark arrestors. Please do not bring a chainsaw, you will be asked to put it away.

Steve Shake has given us access to the latrines at the base of Pine Creek so that area will be our primary campsite for workers, friends and family. Tents can be set up Friday evening if you wish and this will be an opportunity to practice your Dutch oven skills for dinner on Saturdays. Maps will be available showing how to get to Pine Creek via forest service roads. More info to follow.

If you have any questions please contact Kelley Creamer at 90kenai@gmail.com or 208-336-7705

Thanks,

Kelley Creamer, Simplot L&L IT
WK 208-834-2231; Cell 208-890-9728

First Aid Chair

by Karen Jensen

It seems like we just closed up the hill the other day, however it is time for fall refreshers once again. We will be holding the OEC Refreshers on Saturday September 6th and repeating them

....Cont. page 9

You are the Rescuer - Senarios - OEC Cycle A - 2008

Four scenarios have been selected for the “You Are the Rescuer” (YATR) exercise, one of which is an invitation for you alone, or with the help of an instructor, to write your own. Regardless of where the incident actually occurred—on a ski slope, in a river or on a hiking trail—the assessment and basic emergency care remain essentially the same. Each OEC technician should have read every scenario and formulated an opinion as to his or her proposed actions. Carefully read the scenarios on the following pages. They are based on actual incidents. Using the matrix below, formulate your opinions on the leading questions. Potential discussion points have been suggested for each question, but these should not be considered comprehensive. Remember there are many correct answers. “Solving the problem” is not the objective; exploring all possibilities through discussion is. Always consider how these scenarios could differ at your particular location and be ready to discuss the possibilities at your refresher course.

1. As you approach this patient, what are your priorities? Describe and discuss what you would do to: Ensure Scene safety, Manage the scene, Assess the patient.
2. What possible problems do you think the patient may have? Identify potential problems and the signs and symptoms of each.
3. What resources might you need to manage this patient/situation? Equipment, Human resources, Resources needed at base.
4. What emergency care does this patient require? Immediate emergency care needs, Needs during transport, In the patrol room, Important considerations.
5. What problem(s) might you encounter as you manage the scene? Complications with patient, Crowd control, Challenging terrain.
6. What are your transport considerations? From the accident scene to the base facilities, ALS / BLS?, Air ambulance?
7. How would your emergency care of this patient differ had it occurred in a different season or while doing a different activity?

Scenario 1

It's a warm morning, and you and your sailing mate are sitting in the cockpit of your sailboat at anchor in a small, unpopulated harbor. You notice a pair of divers approach in their small boat and anchor nearby. They have their dive gear ready to go, and in no time, with their regulators in their mouths, plunge into the water. Minutes later you notice one of the divers frantically waving and yelling. Upon closer look you see the female diver has the male by the collar of his jacket, and you notice something on his head.

You and your companion grab the first aid kit on board, jump into your dingy and head over. As you get closer, you see that the male diver is bleeding profusely from a large scalp wound, yet he is responsive and thrashing in the water. Upon reaching the divers you find the woman frustrated, as she is unable to lift him into the boat. Thankfully she

on Sunday September 28th. They will once again be held at the POST in Meridian thanks to Doug Graves. Registration will begin at 7:30 am with presentations beginning at 8:00 am. Please bring your OEC cards, your scenarios and a smile for the OEC day. National is once again requiring that the scenarios be turned into the instructor of record.

The On the Hill day will be held on Sunday September 7th, with a repeat performance on Saturday September 27th at the Bogus Creek lodge at Bogus Basin. Registration will begin at 7:30 am with presentations beginning at 8:00 am. Please bring your CPR card, a lunch, and be prepared for whatever weather may be since part of the day will be outdoors.

Each patroller needs to attend one of the OEC days and one of the days at Bogus.

Please let me know if you have any questions, I look forward to seeing you there.

Karen Jensen
kaj3@mindspring.com (best contact method)
(208) 922-1282

Hip Injuries **by Karen Jensen**

There have been a number of hip injuries this season. Common injuries to the hip area include pelvic fractures, dislocation of the hip and hip fractures. A pelvic fracture is a fracture somewhere in the pelvic bone. Direct compression and indirect forces are typically responsible for this type on injury. Pelvic fractures have potentially life threatening consequences such as hypovolemic shock from internal blood loss and peritonitis (infection of the abdominal cav-

ity) and sepsis (blood infection). Laceration of internal organs such as the bladder, rectum and vagina can occur.

Pelvic fractures are manifested by tenderness and pain upon palpation of the pelvic bone. Assessment of hip dislocations reveals a partially flexed hip that is internally rotated and adducted across the opposite thigh. Hip fractures are fractures of proximal femur. A detailed assessment for a displaced fracture will show a leg that is externally rotated and is usually shorter. Pain is a major symptom of hip fractures that may be referred to the knee. The patient is typically unable to walk or move the leg,

Emergency care includes a detailed assessment, frequent vital signs, watch for shock, nothing by mouth, airway maintenance and high flow oxygen. Backboards will be the splint of choice for these three injuries with minor variations. Using a bridge lift and keeping the patient's knees partially flexed will backboard a pelvic fracture. A dislocated hip will be splinted in position with support under the affected knee. Do not attempt to relocate the hip. A hip fracture will be log rolled onto the uninjured side to be backboarded and a folded blanket placed under the uninjured knee to take pressure off of the injured extremity. The final piece of emergency care is rapid transport to a medical facility.

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Treasurer Needed

The board position of Treasurer, being an important function of a smooth running patrol, will be in need of a new Treasurer come the next election in April. We would like to try something new, and in order to provide for a smooth transition at that time, John Orlovich is looking for someone to be “Deputy” Treasurer with the idea that the “Deputy” would then run for election as the new treasurer. If you are up to the task, John would like you to work with you for the next 8 months to teach you the system and have you assist with the responsibilities. If you would like to give back to the patrol and take on this important work, please contact John Orlovich at bbsp_exchequer@msn.com and let him know of your interest.

Submissions

Any member who would like to submit a story or a photo to be included in the newsletter, is encouraged to send them via E-mail. Please contact the Editor at:
davekennedy@qwest.net

Advertisements

I will be glad to accept more adds from our members. Just send me a note with the details.

Dave

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Mark Barnes

Ski Consultant

208-377-9768



Special Invitation

Friday August 29th - 11:00am - 7:00pm

This is a special preview sale the day before it is open to the General public. Any questions contact Gary Clawson.

Extra 10% off Friday only !

(NSP or Bogus Basin ID must be presented to get the discount)

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Calendar

Date	Event	Location	Time
Sept 6	Refreshers	Post Academy	7:30am
Sept 7	Refreshers	Bogus Basin	7:30am
Sept 12-14	Bike Race- Bogus Bonsai	Bogus Basin	All Day
Sept 13-14	Bogus Bushwakers	Bogus Basin	All Day
Sept 20-21	Bogus Bushwakers	Bogus Basin	All Day
Sept 20-21	Wild Rockies Bike race	Patrol support TBD	TBD
Sept 27	Refreshers	Bogus Basin	7:30am
Sept 28	Refreshers	Post Academy	7:30am
Oct 7	General Meeting	Sockeye	7:30pm
Nov -Dec	Start of Ski Season		Think Snow!



Bogus Basin National Ski Patrol
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Boise ID 83707

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